

# **Staying home**

## **Saving lives**

### **Supporting one another**

**Information and local contact details for the villages of Llangennith, Llanmadoc and Cheriton during the Coronavirus public health crisis.**

**April 2020**

**Issued in association with the Parish Magazine for Llangennith, Llanmadoc and Cheriton, published by the members of St Cenydd, St Madoc and St Cadoc for the whole Community. The Parish Magazine is supported by the Community Council.**

## **Coronavirus crisis contacts and advice pages**

THE RESPONSE WITHIN THE two parishes is testimony to the strength of our community ties. Friends and neighbours are looking out for one another, young and old, hale and infirm, with numerous offers of support.

This digest aims to provide you with a useful selection of specifically local information and contacts.

### **Online local contact and support**

New **Facebook groups** have been set up to share information and offers of support and contact during the crisis, in Llangennith, Burry Green and Llanmadoc. You can follow and join the groups at:

→ <https://tinyurl.com/LlangennithVillageCommunity> or

→ <https://tinyurl.com/LlanmadocVillageCommunity>.

Llangennith, Burry Green and Llanmadoc & Cheriton have each got new **WhatsApp groups** sharing information, alerts, requests and offers of help by smartphone.

Not everybody uses the internet and social media. The people listed as Good Neighbour telephone contacts on the next page can pass on information for you to and from the wider groups for your village and beyond.

### **Llanmadoc Shop—grocery deliveries and post office counter**

In Llanmadoc and Cheriton the community shop hopes to open its shop and post office counters every morning, Monday to Saturday. The staff and volunteers are focussing on taking and managing orders for doorstep drop-off. The shop is carrying a range of ready meals from Martin Davies at The Britannia Inn.

**Shop Open: Mon to Sat - 10.00 to 13.00** ☎ 01792 386494

**Post Office: Open Mon to Sat - 10.00 to 12.00** ☎ 01792 386374

### **Kings Head Llangennith: takeaways and freezer meals**

The Kings Head is offering fill-your-freezer homecooked packages, takeaway meals several times a week and deliveries of essential supplies. Information appears on the Llangennith support facebook page at <https://tinyurl.com/LlangennithVillageCommunity>.

## Good neighbour telephone contacts

Not everyone uses the internet and social media. Here is a list of people who have volunteered to be key contacts by phone for a chat, to problem solve and to help sort out tasks, grocery drops, pharmacy runs and so-on, themselves and by putting you in touch with other good neighbours. Wherever you are in the villages you can ring any of them—but in the first instance you might want to try the number for the person listed nearest to your address:

Location	Name	Telephone number
Llangennith Pancross to the Green	Huw Rees Lisa Nicholas	07835 718034 07825 544114
Llangennith Green and Vicarage Lane	Debbie Lloyd	01792 386339
Llangennith Green to The Cross	Dafydd James	01792 386472
Llangennith Cockstreet	Philip & Julie Davies	01792 386761
Llangennith Cross to Hillend	Jonathan & Carolyn Jones	01792 386400} 07973 798411}
Burry Green	John David Paul Kirby	01792 390105 07552 230672 } <i>kirby74@btinternet.com</i> }
Llanmadoc and Cheriton	Kacie Miller	07880 555042 <i>kaciemiller1@gmail.com</i>

You can also find Community Councillors' and Church/Chapel contacts' telephone numbers on the pages that follow.

**South Wales Police  
contacts in Gower:**



**PC Richard Jeavons ■ 07805 301600**  
**PCSO Andy Brown ■ 07805 301609**  
**PCSO Joelle Borthwick ■ 07584 004174**  
**Non-emergency calls—dial 101**  
**Emergency calls—dial 999**

# Gower Medical Practice | ☎01792 390413

During the Coronavirus crisis the practice is working with a full telephone triage system. **DO NOT GO TO THE SURGERY TO MAKE AN APPOINTMENT OR TO ASK TO SEE A DOCTOR.** Please telephone the surgery, so that your possible symptoms can be checked before you are given an appointment.

Open Surgery has been suspended, and replaced by Morning Surgery.

- **MORNING SURGERY:** Please telephone the surgery before 10.30 to arrange a **telephone consultation**; in the current situation, the Practice can not guarantee that you will be allocated to a Doctor of your choice. The Doctor will telephone you at home. If the Doctor needs to see you, you will be given an appointment for later in the morning.
- **AFTERNOON APPOINTMENTS** will be **telephone consultations only**. If a Doctor needs to see you, you will be given an appointment for a face-to-face consultation later in the afternoon.
- As at 25 March **existing arrangements with the practice Nurses and healthcare associate staff** remain as they are but will be kept under review. You may be contacted prior to your appointment and asked if you have any cough, flu symptoms etc. and whether you still wish to keep the appointment; if possible the Nurse may be able to review you over the telephone at the allocated appointment time.

## **IF YOU THINK YOU MIGHT HAVE CORONAVIRUS DO NOT GO STRAIGHT TO THE DOCTOR'S, OR TO A HOSPITAL OR PHARMACY**

- ☑ Visit [111.nhs.uk/service/covid-19](https://111.nhs.uk/service/covid-19) for information and advice.
- ☑ Stay at home, in a separate room from the rest of your household.
- ☑ Do not share items that come in contact with your mouth, such as cups or bottles. Do not share bedding, crockery, cutlery, pencils, towels etc.

**Dial 111 if you cannot cope with your symptoms.**

**Penclawdd Pharmacy** Sea View, Penclawdd SA4 3YF ☎850530  
Mo-Fr 09.00-13.00 & 14.00-18.00 Sat 09.00-12.00 Sun 11.00-13.00

**If you have a medical emergency, a critical or life threatening problem, call 999—for example:**

- Unconsciousness
- Difficulty in breathing
- Suspected heart attack
- Heavy blood loss
- Serious injury
- Severe burns

### **Find automated defibrillators at:**

- Britannia Inn, Llanmadoc;
- Cwm Ivy, Llanmadoc;
- Llanmadoc Shop Llanmadoc;
- Paxford Cottage, Landimore
- Burry Green Chapel;
- Llangennith Parish Hall;
- Broughton Caravan Park, Llangennith;
- Hillend Caravan Park, Llangennith.



**Rubbish collections: Black & Pink Bags: 10, 24 Apr; 08, 22 May; 05 Jun  
Green & Garden Bags: 03, 17 Apr; 01,15, 29 May; 12 Jun**

## **Church and chapel services on television, radio and online**

### **BBC television and radio**

- ✦ BBC television broadcasts live Sunday church services at 11.30 on BBC1.
- ✦ BBC Radio 4 broadcasts Sunday Worship at 08.10 on Sundays.
- ✦ BBC Radio 3 broadcasts Choral Evensong on Wednesdays at 15.30.

### **Church in Wales on the internet**

- ✦ The Revd Glyn Austin recommends the livestream and recorded services available via the Church in Wales website.  
Go to [tinyurl.com/ChurchServicesOnline](http://tinyurl.com/ChurchServicesOnline).

### **Some other denominations on the internet**

- ✦ Roman Catholic services from England, Scotland and Ireland are streamed at [tinyurl.com/RomanServicesOnline](http://tinyurl.com/RomanServicesOnline).
- ✦ The Revd Paul Kirby (Burry Green Chapel) recommends joining services from the websites for Parklands Church Swansea and the Llanelli Free Evangelical Church, following the links to their Sunday Worship stream.

## **Keep safe at home: Security notes from Phil Davies, Llangennith**

THIS IS THE ADVICE currently being provided by the Police to protect the vulnerable and not so vulnerable from the criminal conduct of the unscrupulous:

- Only accept help from people you know;
- Don't pay cash (eg for groceries) in advance and don't hand over money for someone to visit the shops on your behalf;
- Never provide bank details over the phone under any circumstances;
- Groceries should be left on the doorstep: don't permit any 'volunteer' into your home under any circumstances;
- If you are called on from someone claiming to be from a company or charity check their identification;
- Use a door chain when answering to door to unscheduled callers.

### Useful telephone numbers:

Age Cymru 08000223444

Citizens Advice 0300 3309082

Samaritans freephone 116123

Parent line plus 0800 8002222

Royal Voluntary Service 01269 843819

NHS Direct Wales 0845 4647

C.A.L.L. (emotional support) 0800 132737

The Silverline 0804 70 80 90

**LLANGENNITH LLANMADOC & CHERITON COMMUNITY COUNCIL**  
***Cyngor Cymuned Llangynydd, Llanmadog a Cheriton***

[www.llangennithllanmadoccc.org.uk](http://www.llangennithllanmadoccc.org.uk)

<b>LLANGENNITH</b>	Jonathan Bale (Chair) ☎386382   John David ☎ 390105 David Gibbs ☎ 07760 238673 Matthew Cowley ☎07929 245931   Tom Wentworth ☎390141
<b>LLANMADOC &amp; CHERITON CLERK</b>	Paul Richards ☎07963 416941   Maria Brain ☎ 07971 250760 Joyce Jenkins ☎386358   Rachel Alexander ☎391164 David Willis ☎0747 1181181 Jayne Evans ☎391443 <a href="mailto:Llangennithcommunitycouncil@gmail.com">Llangennithcommunitycouncil@gmail.com</a>

THE COVID-19 VIRUS (CV-19) is having a profound effect on all our lives, the Councillors are aware that this is a difficult time for many residents and some could be having problems or need support to enable them to self-isolate. There are many groups set up to help and support people, a number of which are listed in this supplement to the Parish Magazine, but the Councillors would like to reiterate that **should anyone need help or support please don't hesitate to ring** any one of them on the above numbers and they will organise what they can or point you in the right direction.

It is not going to be practical for the Community Council to hold the April meeting. We will place on the website anything that may be of interest, and you can access this on: [www.llangennithllanmadoccc.org.uk/](http://www.llangennithllanmadoccc.org.uk/). We are waiting for advice from National Association of Local Councils (NALC) on how we may be able to hold the AGM and monthly meeting in May via a remote platform and how we can include members of the public in this. We will keep you informed of this through the website.

The Community Council will attempt to function as normally as it can through this period, we are remaining in contact regularly by email and voting on any decisions through this process. We will try to deal with any urgent issues as quickly as is practical and may have to place some issues on hold until we can physically meet again. Should you have any urgent issues, contact either myself or one of the Councillors on the above numbers, or e-mail me on the above e-mail address.

Please stay safe and follow the advice and information on the UK Government website ([www.gov.uk](http://www.gov.uk)), the Welsh Government website ([www.gov.wales](http://www.gov.wales)) and the NHS website ([www.nhs.uk](http://www.nhs.uk)).

If you are looking for a project to complete whilst you are self-isolating or need to occupy your children, take a look at the RSPB website ([www.rspb.org.uk/activities](http://www.rspb.org.uk/activities)) that gives you instructions on how to build bat boxes, bird boxes and owl boxes. If anyone produces any, please can you let us know so we can incorporate it into the bio-diversity report and three-year plan for the area.

We hope everyone stays well and looks out for each other during the next difficult weeks.

*Jayne Evans, Clerk*

## Sunday devotional readings

You can follow Church in Wales services online at [tinyurl.com/CinW-online-services](http://tinyurl.com/CinW-online-services), and you can follow the cycle of bible readings from the Church in Wales lectionary. Here are the designated readings for the coming weeks:

<b>Date, season</b>	<b>Old Testament</b>	<b>Psalms</b>	<b>Epistle or New Testament</b>	<b>Gospel</b>
Sunday 05 Apr Lent 6 Palm Sunday	Isiah Ch 50 Verses 4-9	Psalm 31 Verses 9-18	Paul's letter to the Philippians Ch 2 Verses 5-11	Matthew Ch 26 Verse 14; Ch 27 Verse 66
Sunday 12 April Easter Day	Jeremiah Ch 31 Verses 1-6	Psalm 118 Verses 1,2,14-24	Acts Ch 10 Verses 34-43	John Ch 20 Verses 1-18 Or Matthew Ch 28 Verses 1-10
Sunday 19 April Easter 2	Exodus Ch 14 Verses 10-31; Ch 15 Verses 20-21	Psalm 16	Acts Ch 2 Verses 14a, 22-32	John Ch 20 Verses 19-31
Sunday 26 April Easter 3	Zephaniah Ch 3 Verses 14-20	Psalm 116 Verses 1-19	Acts Ch 2 Verses 14a, 36-41	Luke Ch 24 Verses 13-35
Sunday 03 May Easter 4	Genesis Ch 7	Psalm 23	Acts Ch 2 Verses 42-47	John Ch 10 Verses 1-10
Sunday 10 May Easter 5 Start of Christian Aid Week	Genesis Ch 8 Verses 1-19	Psalm 31 Verses 1-5, 15, 16	Acts Ch 7 Verses 55-60	John Ch 14 Verses 1-14

# April 2020

## Closure of parish churches

Church in Wales services and public worship are suspended  
and churches are closed during the  
**Coronavirus/Covid 19 crisis.**

The porch at St Cenydd's remains open daily  
to receive contributions to the Food Bank.

Please observe all the appropriate social distancing precautions.

The Revd Glyn Austin offers spiritual guidance and pastoral support.

☎ 386782 | email [glynaustin52@gmail.com](mailto:glynaustin52@gmail.com)

## Parish church contacts

**Resident:** The Revd Glyn Austin BD MPhil, The Vicarage, Llangennith, SA3 1HU

email [glynaustin52@gmail.com](mailto:glynaustin52@gmail.com)

☎ 386782

### Llanmadoc and Cheriton

**People's Warden:** John Bevan

email: [jackiembevan@hotmail.com](mailto:jackiembevan@hotmail.com)

**Parish Secretary:** Ivor Williams, Woodlands, Cheriton SA3 1BY

☎ 386332

**Parish Treasurer:** Neil Wilson, Rockfield House, Llanmadoc, SA3 1DE

☎ 386681

### Llangennith and Burry Green

**Vicar's Warden:** John David, Rivendell, Burry Green SA3 1HR

☎ 390105

**People's Warden:** Alison Bale, Brynheulog, Llangennith, SA3 1JB

☎ 386382

**Sub-Warden:** Gill Morgan, Bank Farm, Llangennith SA3 1JB

☎ 386265

**Parish Secretary:** Deborah Lloyd, Dainsbury, Llangennith, SA3 1HU

☎ 386339

**Parish Treasurer:** Kathryn David, Rivendell, Burry Green, SA3 1HR

☎ 390105

### Parish Magazine:

**Editor:** Deborah Lloyd, Dainsbury, Llangennith, SA3 1HU

e-mail: [parishmag@dainsbury.org.uk](mailto:parishmag@dainsbury.org.uk)

☎ 386339

### Bethesda Chapel, Burry Green (The Presbyterian Church)

The chapel is closed and services suspended for the duration.

### Chapel contact

The Revd Dr Paul Kirby offers help and local links

☎ 07552 230672

*This digest is published in association with the Llangennith, Llanmadoc and Cheriton Parish Magazine. We hope to bring the regular monthly Parish Magazine to you soon.*